



Youth Mental Health First Aid Schedule 2021- 2022



Youth Mental Health First Aid USA is an 8-hour training to teach participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it helps trainees identify, understand, and respond to signs of mental illnesses and substance use disorders.

YMHFA will begin promptly at 9 a.m. and end at 3 p.m. on:

Wednesday, December 15, 2021

Monday, February 21, 2022

Wednesday, April 20, 2022

Wednesday, May 18, 2022

THIS TRAINING IS FREE, BUT SPACE IS LIMITED.

Once registered, you will be responsible for 2 hours of pre-class learning all done online at your own pace. The Scheduled 6 hours of in-person training will then be required to receive certification, which will take place at the SpeakUp! Office (80 W. L Lancaster Ave., Devon, PA 19333). As part of the course registration, you will obtain access to the YMHFA manual online version.

**TO
REGISTER:**

Scan the QR code or visit
speakup.org/programs/#ymhfa

