



AUGUST 11-12

NEW YORK CITY, NY



THE ART & SCIENCE OF SEL-ROOTED ADVISORY

A Two-Day Orientation for Middle & High School Educators

Hosted by:

Town.

Upskill, Unpack, and Amplify

Are you new to the role of middle- or high-school Advisor, or eager to refine and re-energize your approach?

This experiential two-day workshop is designed to upskill your practice and amplify your impact. Together, we'll unpack the role of the advisor, tackle common challenges, and build a toolkit that promotes student belonging, connection, and success.

The Art and Science of an SEL-Rooted Program

This orientation blends the science of evidence-based practices with the art of showing up authentically, and responding to student needs. By the end of the workshop, you'll walk away with actionable tools, a fresh perspective, and the confidence to lead with compassion and purpose.

Workshop Goals

Through a dynamic mix of activities, reflection, and hands-on application, we'll explore four key topics:

- **Building Psychological Safety in Groups:** Experience strategies and activities designed to foster trust, connection, and belonging within Advisory Groups.
- **Facilitating High-Impact, Low-Prep SEL Experiences:** Participate in experiential SEL that engage both the intra- and interpersonal, and gain access to IFSEL's Lesson Library for ongoing inspiration.
- **Balancing Planning and Responsiveness:** Learn unit design principles that help Advisors stay intentional while remaining flexible to meet students' evolving needs.
- **Creating Space for Downtime, Playfulness, and Reflection:** Discover the research behind the benefits of intentional downtime, playful engagement, and the metacognitive power of reflection.

Register or find out more: <https://www.instituteforsel.net/advisory-workshops>



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BUILDING SEL FOUNDATIONS FOR ELEMENTARY STUDENTS

A Two-Day Orientation for Educators

Hosted by:

Town.

Workshop for Every Elementary Educator

This workshop provides the framework and tools to start the year on a strong foundation of SEL.

IFSEL's Foundational SEL course presents effective lesson sequences and simple and profound practices to support Social and Emotional Learning.

Lessons & Practices

We will review the foundational skills all students need and offer creative ways to make them come alive in the classroom and beyond.

The framework aligns with CASEL and provides a common language to build emotional intelligence, positive communication, and restorative practices in ourselves and with our students.

Workshop Goals

IFSEL's workshops are interactive, engaging, and practical. You will be provided with resources and lessons and opportunities to meet with colleagues.

- A framework for developing common SEL vocabulary and skills for elementary students
- A series of experiences and rituals that engage young learners while developing a sense of community and belonging
- Lessons sequence to develop skills that build upon each other and can be adapted to different developmental stages and needs
- Practices and strategies for wellbeing for both students and adults

Register or find out more:

<https://www.instituteforsel.net/sel-workshops/sel-foundations>

